

# AFTERCARE

## Before Your Fitting

Please arrive at your fitting appointment with **clean hair**. Wash your hair using **shampoo only** (avoid moisturising formulas) and **do not use conditioner**, unless your piece is a **clip-in / clip-out system**.

If you plan to dye your hair yourself before the appointment, please do so **at least a couple of days beforehand**, then wash your hair again before your fitting as instructed above.

If you currently have extensions installed by another technician, you **must inform me prior to your appointment**. A **removal fee will apply** (dependent on the time required). Please note that removal may compromise your fitting, as your hair will no longer be in a freshly washed condition.

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## Aftercare

To get the best longevity and condition from your hair, it is **imperative** that you follow the aftercare instructions below.

**Warranty conditions require that all Laura's Luscious Locks aftercare recommendations are followed.**

After your initial installation, **do not wash your hair for at least 72 hours**. This allows the installation to fully settle and adhere.

Only **extension-suitable shampoo and recommended styling products** should be used.

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## Basic Recommendations

- Always sleep with your hair **loosely tied**. Sleeping with your hair untied can pull on the installation, causing damage to both the extensions and your natural hair.
  - A **silk or satin pillowcase**, bonnet, and scrunchie are strongly recommended.
  - When brushing, start at the **ends and work upwards** in sections, holding the hair at the roots to stabilise.
  - Tie your hair loosely during sports, and sleep with it in a **plait or loose bun**.
  - Avoid pulling on your extensions, as this can damage your biological hair and cause slipping.
  - **Do not apply conditioner or oils near the scalp or bonded areas**, as this can cause the system to slip.
  - Always dry your hair and extensions thoroughly using a **hairdryer on a low heat setting**. Do not leave extensions to air dry.
  - Use styling tools on the **lowest heat setting possible** and always apply a **heat protector spray**. Excessive heat can damage extensions and alter their texture (e.g. bone-straight hair becoming frizzy).
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## Washing the Hair

- Wash your extension hair **no more than twice per week**, using extension-suitable shampoo and conditioner.
  - If your natural hair (left out of the extensions) becomes greasy, tie the extensions away and **spot-wash only your biological hair**, taking care not to wet the extensions. Dry thoroughly using a cool setting.
  - Before washing, gently detangle from **ends to roots** using a suitable brush such as a Tangle Teezer.
  - Wash the hair in an **upright position** using lukewarm water and recommended products. Do not massage vigorously or twist the hair.
  - Massage shampoo gently into the scalp and bonded areas, allowing suds to run through the lengths.
  - Apply conditioner **only to the mid-lengths and ends**. Avoid roots, bonded areas, and attachment points. Rinse thoroughly to prevent product build-up, which can cause beads to slip and may require a **chargeable refit service**.
  - Avoid conditioning root hair on closures, as this can cause shedding.
  - After washing, gently squeeze out excess water and **pat dry with a towel**—do not rub.
  - Apply **hair extension oil** to damp hair, starting at the tips and working upwards, avoiding roots and bonded areas.
  - Begin blow-drying on a **cool setting** to prevent bonds softening or rings corroding, then finish drying on a low heat setting. Ensure all areas, especially under closures and extensions, are completely dry.
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## Daily Maintenance

- Use a **professional extension brush or Tangle Teezer**, designed specifically for hair extensions.
  - Always brush from the **bottom upwards**, working gradually toward the roots.
  - Never go to bed with **wet hair**—extensions must be fully dry before sleeping.
  - Sleep with your hair in a **loose ponytail or plait** to prevent tangling and matting.
  - A **silk or satin pillowcase** is recommended to reduce friction.
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## Colouring

- Only **100% human hair extensions** can be coloured.
  - As extensions have already undergone chemical processing, colouring them is done **entirely at your own risk** and may affect their condition.
  - For best results, colour your hair **before installation**, and have extensions colour-matched.
  - **Colouring extensions yourself will invalidate your warranty.** Please seek my advice before proceeding.
  - Ash-toned extensions can be maintained using **silver or purple toning products**, used at the client's own risk. Fading may occur if not maintained.
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## Swimming

Hair extensions and systems are **not recommended** for use in:

- Chlorinated water
- Salt water
- Hard water with high mineral content
- Hotter climates than you are normally accustomed to

Swimming in pools or the sea **will invalidate your warranty** due to the risk of damage or discolouration.

For avid swimmers or holiday pool use, products such as **Malibu C Hard Water** or **Malibu C Swimmers** may help rectify discolouration. However, results **cannot be guaranteed**.

To minimise damage:

- Coat the hair in a **diluted conditioner**, avoiding bonded areas
  - Tie hair up securely
  - Wash thoroughly afterwards
  - Apply a generous amount of conditioner to the lengths and ends
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## Specialist Products & Maintenance

- Only use **hair extension-specific products**, as standard products may damage the bonds or hair.
- Recommended products include **sulphate-free shampoo, conditioner, and hair oil**.
- Products sold by reputable UK hair extension suppliers are generally safe. Hairdreams also offer their own specially formulated range.
- Please order recommended products alongside your installation so you can begin proper aftercare immediately.

Attend all **scheduled maintenance appointments** as outlined in your service contract.

- Issues such as matting, slipping, or rapid growth should be addressed with a **paid maintenance appointment** as soon as possible.
- Failure to attend maintenance appointments may affect the integrity of your installation and is **not the responsibility of Laura's Luscious Locks** if appointments are missed outside the recommended timeframe.



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