# Aftercare information

# Before your fitting

Please come to your fitting appointment with clean hair, wash it with shampoo only (avoid moisurising varieties) and do not use conditioner (Unless your piece is a clip on and off piece). If you are dyeing your hair yourself before the appointment please do this at least a couple of days before and wash your hair again before your fitting as directed above.

If you have any existing extensions fitted by another installer please let me know. Removal fee will be charged (dependant on how long it takes) but also this could jeopardise your fitting as your hair will not be in a washed and clean condition.

# **Aftercare**

To get the best out of your hair it is imperative that you follow the aftercare below. One of the conditions for warranty to be upheld is that Laura's Luscious Locks recommendations must be followed.

After your initial install do not wash your hair for at least 72 hours allow the installation to settle and adhere. Extension suitable shampoo must be used along with recommended hair styling products as directed.

#### **Basic Recommendations**

You must sleep with your hair tied up loosely, if your hair is untied it can pull out your installation and damage your bio hair, a silk/satin pillowcase, bonnet and scrunchie is also recommended. When brushing, start at the bottom and work your way up in sections and holding your hair at the roots to stabilise. Tie your hair up when doing any sports and sleeping in a plait and bun. Be careful not to pull your hair as it can damage your biological hair and cause slipping. Do not use any conditioner or hair oil near the scalp area as this will cause your extensions/ system to slip.



Make sure you dry your hair and extensions thoroughly on a low heat setting with a hair dryer-do not leave to air dry. Use styling tools on the lowest setting possible to attain your style and use heat protector spray. Excess heat will damage your extensions and can change the condition -ie your bone straight extensions can become frizzy.

### **Washing The Hair**

We recommend that you should wash your extension hair no more than 2 times per week with extension suitable shampoo and conditioner. If your biological hair that is left out of the extensions is greasy then please tie up the extension hair and spot wash your bio hair. Take care not to wet the extensions and make sure it is dried with a hairdryer on a cool setting. Before washing you should de-tangle the hair from ends to root using a gentle brush such as a Tangle Teezer. Wash the hair in an upright position using my recommended products in lukewarm water, ensuring that you do not massage vigorously or twist the hair. Massage the shampoo gently into the scalp and over bonded areas letting the suds run through the lengths of the hair.

Ensure conditioner is only on the middle and ends of the hair - avoid putting product on the root area and areas where extensions are attached, making sure to rinse thoroughly to avoid any build-up. This can lead to beads slipping and is a charged service for re-fitting.

Avoid conditioning root hair on any closures as this can cause shedding.

After washing, avoid rolling or rubbing the hair, instead gently squeeze out the excess water and pat dry with a towel. Apply Hair Extension Oil to damp hair, starting at the tips gently rub the oil into the hair moving upwards, avoiding the bonded areas or the roots.

Gently blow dry the hair using a cold setting to begin with, this avoids any problems with the bonds softening or rings corroding, then proceed to blow dry the hair as normal on a low setting.

Make sure any area under your closure/ extensions are dried fully.

#### **Daily Maintenance**

It is important to use a professional extension brush or a tangle teezer when brushing the hair, which has been designed specifically for all types of hair extensions. You should always start to brush your hair from the bottom then slowly move up towards the top of the head to the root area.



When it comes to sleeping, avoid going to sleep with wet hair - always make sure your extensions are completely dry to avoid any potential problems occurring.

I suggest putting your hair into a loose ponytail or plait before bed which helps to prevent the hair from tangling or matting. Also sleeping on a silk or satin pillow can help keep the hair from tangling.

## Colouring

Only 100% human hair extensions can be coloured. Bearing in mind that the hair extensions have already been through a chemical process, it is at your own risk if you decide to dye them as it may affect the hair condition. For this reason, it's a good idea to dye your hair before getting hair extensions installed, and having the hair colour matched to your desired colour. Colouring your extensions yourself will invalidate any warranty. Please seek my advice if you are wanting to do this. If you colour yourself, your warranty will become void.

Those with hair extensions in beautiful ash colour shades can be maintained throughout wear with silver shade or purple toning products to maintain the colour tone, otherwise fading may occur, these are used at the users own risk.

#### **Swimming**

Hair extensions/ system are not recommended to be worn in chlorinated water, salt water, and hard water with a high mineral content, or in hotter climates than normally accustomed to as damage or discolouration can occur. Swimming in the sea or pool with your extensions will invalidate your warranty.

For avid swimmers and summer holiday pool dips, there are products such as Malibu C Hard Water or Malibu C Swimmers which can rectify the discolouration should occur. We do not guarantee that these products will work every time, so it's best to prepare the extension hair by coating it in a watered down conditioner, avoiding the bonded areas and tying the hair up securely to avoid chlorine contamination and tangling. We advise to wash thoroughly afterwards and to apply a generous amount of conditioner to the lengths and ends.

## **Specialist Hair Extension Products and Maintenance**

I recommend only using products that are specifically designed for hair extensions as other types may cause damage to the bond or hair itself. It is always best to use the recommended aftercare products, which includes products such as Shampoo, Conditioner, Hair Oil that are sulphate free. Any hair oil or products being sold by UK hair extension supplier are generally deemed as safe to use. Hairdreams have their own specially designed and made products. Please order any specific products along with your installation order and you will have these straight away.

Keep your hair looking gorgeous by taking good care of it and attending your regular maintenance appointments. When you're ready to have your extensions removed, please book an appointment for removal to avoid damage to your own hair and scalp.

Maintenance appointments must be booked as recommended on your service contract. Any issues with matting, slipping or fast growth, a charged maintenance appointment should be booked in as soon as possible. Non-attendance of your maintenance appointments may affect the integrity of your install and products/ fitting durations and are not the responsibility of Laura's Luscious Locks for non-attendance in the recommended timeframe.